
Measurement	How
Bust / chest	Fullest part, tape level
Waist	Narrowest part, above navel
Hips	Fullest part of seat
Shoulder	Shoulder tip to shoulder tip
Arm	Shoulder tip over bent elbow to wrist
Inseam	Crotch to floor along inside leg
Neck	Base of the neck
Thigh	Fullest part

Measure snug, not tight; average two readings.

Notes